

# HIGH FLIER

Egyptian-American stylist Engie Hassan has worked with global heavyweights like Kanye West, Priyanka Chopra and Princess Ameerah al Taweel



## Any in-flight rituals?

First, I switch my heels to stylish flats – my favourites are Osay the Label's La Babouche ([osaythelabel.com](http://osaythelabel.com)). Bioderma Sensibio

H2O cleansing solution ([bioderma.ae](http://bioderma.ae)) works as a makeup remover, face cleanser and toner, and for longer flights I'll put under-eye cream by La Mer ([cremedelamer.com](http://cremedelamer.com)). I bring my own satin eye mask and pillowcase for when I nap. Then, right before landing, I put on tinted moisturiser with SPF by Laura Mercier ([lauramercier.com](http://lauramercier.com)).



## Where in the world is your favourite escape?

DUBAI: FROM THE ARCHITECTURE AND FASHION TO THE PEOPLE AND THE FOOD, I LOVE SEEING A TASTE OF THE WORLD IN ONE PLACE. THE PEOPLE GIVE ME CREATIVE INSPIRATION FOR MY WORK – THEY DRESS AS IF IT'S FASHION WEEK EVERY WEEK!

## Your tip for looking good after a long-haul flight?

Drink lots of water and use a face mask. Patchology's Flashmasque ([patchology.com](http://patchology.com)) is a great one; my skin looks rejuvenated and glows after.

## Must-pack items for a stylish trip?

ACCESSORIES. YOU COULD WEAR AN OUTFIT YOU'VE WORN ON A PREVIOUS TRIP AND ACCESSORIES CAN STILL MAKE THE ENSEMBLE COMPLETELY DIFFERENT.

## How do you look chic when travelling with just a carry-on?

Try limiting your colours so you can have more versatile clothes, then plan your accessories



so you can have multiple looks. Packing key items that are light can make you look chic and classic. Like a silk scarf: it can be used on the head (think Jackie O), styled around your neck in various ways or even as a top and or a cover for a bathing suit. I also encourage my clients to get compression bags to save space.

## What's your jet-lag cure?

A GOOD RUN – EVEN 20 MINUTES – AND AN ICED DIRTY CHAI.

## Best recent beauty discovery?

In Bangkok I found an S-Heart-S mini scalp brush ([s-heart-s.com](http://s-heart-s.com)). The bristles are designed to massage the scalp, removing buildup and excess oil from hair follicles, and leave my hair full and shiny. My hair is styled so much, but the brush lets the scalp breathe. Also in Thailand, I found the IOPE air cushion compact ([iope.com](http://iope.com)), which leaves my skin looking flawless: it combines an anti-aging serum, moisturiser and SPF and it evens skin tone and hides blemishes. Every time



I use it, someone compliments my skin and asks what's my remedy.

## Your must-pack fragrance?

GIVENCHY'S VERY IRRESISTIBLE ([GIVENCHYBEAUTY.COM](http://GIVENCHYBEAUTY.COM)) – I'VE BEEN WEARING IT FOR YEARS AND IT STILL GETS COMPLIMENTS.

## What products would you take with you to a desert island?

EltaMD sunscreen ([eltamd.com](http://eltamd.com)), and hydrogen peroxide soak by Soakness ([soakness.com](http://soakness.com)) – it brightens my complexion, and it also helps with pH balance for the skin, moisturising and detoxification. Lastly, I would take Kérastase's Masque Intense Régénérant hair mask ([ae.kerastase.com](http://ae.kerastase.com)) for softness and shine. It's great for sun exposure.

## Top foreign beauty buy?

I LOVE TO TRY EYE PENCILS FROM DIFFERENT COUNTRIES. I BOUGHT A BLACK CHARCOAL EYELINER IN MANSOURA, EGYPT – THE BLACK IS THE EXACT DARKNESS I LIKE. 