

DECEMBER 2013

## highlife CHANGE YOUR VIEW

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WATCH IT

It's a Kick-Ass month

on board, plus Irvine

Welsh's Filth, the life of Liberace and Despicable Me 2. Page 113

WELCOME **TO K-TOWN** LOS ANGELES' **KOREAN NEON** 

**CRYING WOLF ON THE HUNT** FOR THE LAST **PACK IN EUROPE** 

**FREEZE! THE COLDEST ADVENTURES** 

**ON EARTH** 

EXCLUSIVE



The dozen rooms and suites were each designed by a different local artist to represent a decade in the city's history. The result is art installations you can sleep in - highlights include 1886-1896: Vision -Main Street Life, a stark white space with a telescope for viewing street scenes below. 12decadeshotel.co.za

OHANNESR

## The Blackanese Sushi & Wine Bar

Biltong sushi? Deep-fried sushi? This isn't your average sushi joint. Chef/owner Vusi Kunene adds an African flair to Japanese staples, creating a distinct Afro-Asian experience. The tiny, minimalist space is quite the neighbourhood hangout, especially on Sunday afternoons when Kunene hosts a convivial prawn braai (barbecue) on the patio. theblackanese.co.za

## Ozlo

Local designer Jabu Mdluli stocks his retro-chic boutique with his own urbanwear, along with fellow South African labels such as RockPaperScissors, Faeeza Khan, LadyK and LoveHate. CNR Fox and Kruger Streets

## The Bioscope

Jo'burg's only independent movie house shows underground documentaries, innovative local films and global indie cinema. thebioscope.co.za

### **Maverick Corner**

A new mixed-use development inspired by shipping containers, Maverick Corner houses funky retailers such as Whippet Cycling Company and a second branch of Sha'p Braai, where patrons feast on Boerie rolls, pap and chakalaka salad – while sitting on plastic crates. mabonengprecinct.com



## SPORT AS HARD AS

THEY COME Endurance challenges ar getting bigger and better

CHALLENGE han ever. As the Talisker Whisky Atlantic Challeng

> Toughest part Resupplies of food, drink or equipment are not allowed. When December

## RUNNING THE BADWATER ULTRAMARATHON HOW HARD? 9/10

The lowdown Athletes have to complete 135 miles within 48 hours in

## California's Death Valley Toughest part Competitors are advised to carry multiple pairs of makes the ground hot

PHOTOGRAPHY

**MOUNTAIN MAN** 

Explorer, mountaineer,

documenting dramatic

photographer, cartographer -

80 years travelling the globe

landscapes, like this 1960 shot

of the Doldenhorn mountain in

dubbed a 'roving genius of mind

and mountains' by legendary

landscape photographer Ansel

Adams, used his images to assist

in his expeditions, but they were

soon recognised as works of art.

view at Michael Hoppen Gallery in

London. 29 November- 27 January,

A large body of his work is on

michaelhoppengallery.com

Switzerland. The American,

Henry Bradford Washburn spent

enough to melt rubber. When July

and Chile.

Toughest part The slightest slip-up could lead to death in the treacherous terrain. When April-May

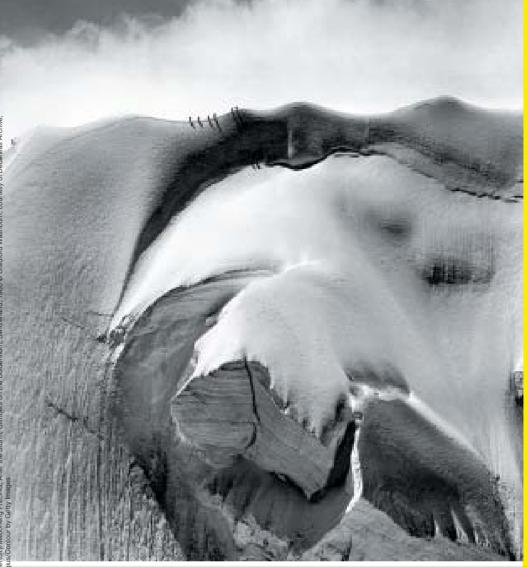
## CYCLING THE RACE ACROSS AMERICA

3,000 miles in 12 states. Toughest part Time out When June

MA; MA;

## LEADING THE IDITAROD TRAIL SLED DOG RACE **HOW HARD? 7/10**

The lowdown 'Mushers' lead teams of 16 dogs across 1,409 miles of frozen Alaskan tundra. Toughest part -70°C whiteout conditions. When March



## HOTEL

**HOTEL BRISTOL, WARSAW** 

A bust of the late Ignacy Jan décor, but the place feels Paderewski - PM of Poland. pianist and owner of a prodigious pair of eyebrows - gazes out from an alcove as you enter the Hotel Bristol, which he founded over a century ago. Details from the hotel's history are sewn into the

There are burnished brass lifts, a crystal chandelier in the lobby and Art Deco flourishes in the ivory, blue and charcoal rooms (beware: the fish-eye mirror above the headboard can be disorienting after one too many drinks at the Column Bar). The neorenaissance façade looks out over the Royal Avenue and is just a short walk from the Old Town. Doubles from £104. hotelbristolwarsaw.pl

squeakily new after a

£10 million renovation.

reconstructed artifice.

## RACING THE DAKAR RALLY HOW HARD? 7/10 The lowdown Drivers in the 2014 Dakar Rally wind through dangerous off-road conditions in Argentina, Bolivia

<#L.R#>/ high life / bahighlife.com



take up to 90 days to follow the 3,000 nautical miles of Columbus's

route to the Caribbean.

# HOW HARD? 8/10

## trainers, as the 49°C heat **The lowdown** Race nonstop for 12 days over for sleep and food are optional luxuries.

## Detours 🔶

## TRAVEL

## THE RAIL THING

Trainspotting, starring Ewan McGregor (below), hit the big screen 20 years ago - with lots of bad behaviour and no trains whatsoever. To celebrate, here's our pick of quirky rail journeys

## **MONTENEGRO EXPRESS** Belgrade in Serbia to Bar in Montenegro

A 296-mile engineering marvel, through spectacular mountain scenery at up to 1,000m above sea level. And all for just £17.

### **NIGHT TRAIN TO THE FALLS** Bulawayo to Victoria Falls, **Zimbabwe**

Just £9 buys a first-class berth on the night train to the Falls, in a wood-panelled. British-built 1950s sleeping car.

## **SLOW TRAIN FROM THAZI**

Thazi to Shwenyaung, Burma A breathtaking amble stopping at villages and the mock-Tudor station at Kalaw, as you recline in your upper-class seat for £4.

## THE REUNIFICATION **EXPRESS TRAIN**

Hue to Danang, Vietnam On the dramatic central section of the 1.070-mile route from Hanoi to Ho Chi Minh City, the rails hug the cliffs, with the waves crashing against the rocks of the South China Sea below.

## **SPIRIT OF THE OUTBACK**

Brisbane to Longreach, Queensland, Australia A classic 24-hour, 1,325km journey heading deep into the heart of Queensland's outback. The Man in Seat 61 (seat61.com)



Fitting perhaps, as Warsaw is a hodgepodge of shiny

